

# Crestomere Cougar News October 2020

**Crestomere School** 

Principal: Ms. P. Neufled

### Terry Fox Run

Crestomere School continued Terry Fox's Marathon of Hope on Sept. 25th. Cougars ran their laps in two cohorts at different times in the day (gr. 2/3, 5/6 7/8 ran in the afternoon and the 1, 4, 9 ran in the morning). When their cohort wasn't running, Cougars watched the biopic "Terry" to learn more about Terry Fox's Marathon of Hope, his determination, and why it is so important to carry on his legacy. Cougars were challenged to run/jog/walk for a minimum of 40min; many opted to run for the full two hours that were allotted to them.

Rylan Befus ran for 18 laps, Isabella Sweet ran for 20 laps, Caden Wildeboer and Finn Kelly ran for 22 laps, and Payton Ingram and Isaac Davies ran for 23 laps (roughly 13km)!

The Crestomere Staff is thrilled at the participation and effort displayed by ALL Cougars. Including the practice laps in the days leading up to the Terry Fox Run, Crestomere Cougars ran for a combined 783km - wow! That's roughly the distance across Alberta.

Bring on the 2021 Terry Fox Run!

### **School Fees 2020-2021**

Kindergarten - \$70.00

Grade 1 to 4 - \$90.00

Grade 5 to 9 - \$110.00

School fees are now due. Parents may choose a payment plan option if required. Please contact the school office for details on this option.

Payments may be made online through Parent Portal.

If you have any questions, please contact the office.



### SCHOOL COUNCIL MEETING

Monday, November 2 6:30 p.m.







### PARENT TEACHER INTERVIEWS

Classroom teachers will be connecting with parents to organize interviews in the form of video or phone conversations between Oct 1-9.

# FRIENDS OF CRESTOMERE AGM

Monday, October 5th @ 7:30pm via ZOOM Any questions please contact

Jill Befus @ j.befus@mail.com

### **Important November Dates**

- 1: Daylight Saving Time ends
- 2: School Council Meeting
- 9- 13: Fall Break
  - 11: Remembrance Day
  - 27: Staff Collaboration Day—No School

ORANGE SHIRT DAY

## Did you know...

Our School Division is committed to keeping its staff and students safe at all times...especially during these COVID times. District and school staff train for and participate in various emergency situations through the HOUR ZERO SCHOOL EMERGENCY PROGRAM. During the month of September Crestomere School is focusing on **Fire Drills, Emergency Evacuations** and **Lock-Down** procedures...all because there is nothing more important than the safety of our CR family.



A **Lock-Down** is a process for securing staff and students in designated areas/zones (classrooms/office/gym) during incidents when there is a **THREAT OF VIOLENCE**, where the threat is inside the building and when it may be more dangerous to evacuate than to stay inside.

**Emergency Evacuation** is used to clear all students and staff from a building, in a prescribed and rehearsed manner, via prearranged evacuation routes. Our school has maps posted throughout the building indicating designated routes. In the event of an emergency situation that prevents us from returning to the building, our *Evacuation Centre* is the *Country Shop* located just east of our school.



During the month of October, we are focusing on preventing the spread of flu viruses and meeting the expectation of Alberta Health Services regarding COVID protocol and safety.

### WELCOME BACK!!

September has flown by and we are all learning new schedules and routines and our Library here at Crestomere is no exception. As we start the year we are under new restrictions for library books. At this time, our students are: not able to take library books home to read, will have a weekly rotation of reading material depending on their homeroom, all returning books are quarantined for 72 hours before being shelved, and we are learning to navigate our way around a new operating system for our library.

Take the opportunity to explore our library books with your child by accessing Destiny Discovery on our homepage, Quick Links. Depending on the homeroom, students will place holds on books that they wish to read, the day prior to their rotation. We will try to accommodate each child's wish for specific book. Please remember that books that have a red tag, will be restricted to the Junior High only, unless we have a signed consent for from the parent and/or guardian.

As in the past, we have a minimum charge of \$15.50 for lost or damaged books. The notice for these books will go home with the student and if not returned in a timely fashion, the payment will be posted on-line in parent portal. Your child may have limited access to library books until the book has been returned or paid for.



### **CRESTOMERE GOLF**

Last week I asked our Central Albertan community if anyone would like to donate golf clubs to the PE program at Crestomere School. The response we received was AMAZING!

Over thirty people and groups donated clubs, tees, balls, bags, and more. We have a staggering amount of clubs; so much that we are going to have to share with other schools. I'd like to sincerely thank everyone who donated.

Because of you, our students have an opportunity to try out golf and possibly start a new lifelong sport. I've heard many students over the last few school days rave about golf and that they can't wait to try it out on an actual golf course.

### Awesome!

Jamie Repka Kieboom James Halladay Ger Stebner Debbie Hoffman Carol Lynn Martin Blaine Heidt Kammy Key Erin Williamson Rhonda Forsell Michelle Comeau Amanda Bradley Sarah Autet Parent Cameron Walton Paul n Lindley Bonnie Snair Gail Cook Carissa Bowerman Colten Southwick

Kenda Davis
Shelley Van Eaton
Blake Ross
Karen Frayn
Chanceala Robak
Karen Jaffray
Amanda de Atley
Dean Fraser
Susan Benjamin
Amanda Bradley
Victoria Rose

Amanda Bradley
Victoria Rose
Evelyn McMullen Seelen and the Bluffton Landfill
Kristan Jewell
Rayden Williams
Sheila Lanz
Ponoka Golf Course
Meadowland Golf Resort
Dean Fraiser





### Wolf Creek Public Schools

August 31, 2020

Dear Parents.

**RE: Fair Notice** 

The safety of our children is a top priority for us all. We, as a school system, have been involved in intensive safety training and collaboration with our community partners – the police, Alberta Health Services (Mental Health) and Children's Services. Together we have created and signed a community protocol for responding to all situations in which students may be posing a threat to themselves or others.

This letter is to inform you that we, as a school system, adopted policy in January 2003 that mandates schools to have a "zero tolerance" stance for not investigating all threats and threatening behaviours (Admin Procedure 167). The purpose of the investigation/assessment is to determine how best to support high-risk students so that their behaviour does not become hurtful or destructive. Please be assured that if your principal is aware of threatening behaviour, he/she will be taking measures to deal with the situation in a positive and proactive manner. If your principal invites you to a meeting to discuss safety concerns about your own child, please be assured that protocol is being followed and that the goal is safety, not punishment.

This letter is intended to serve our community with **fair notice** that we, as a school community, will not accept "no response" to a threat making behaviour. Our goal is to respond to all threats in a professional manner that provides for a healthy and caring learning environment.

We are proud to be able to provide this level of support to our school communities and are most fortunate to have our community partners at our side.

Sincerely,

Jayson Lovell Superintendent of Schools (

Jayson Lovell Superintendent of Schools

6000 Highway 2A Ponoka, Alberta T4J 1P6

Phone(403) 783-3473 Fax (403) 783-3483

Departmental Faxes
Facilities & Transportation
(403) 783-3155
Inclusive Learning Services
(403) 783-3140





On October 5, 2020 we will officially launch our nutrition program here at the school. Things will look slightly different this year because of the health restrictions set out by Alberta Health Services. Currently, staff are enrolled in food safety courses and our kitchen is being deep cleaned and organized to meet new standards. Please know that we will do everything possible to protect your chil-

dren while preparing healthy choice snacks for them.

### So what's different?



- For the months of October and November we will serve snacks every Tuesday and Thursday.
- Snacks will be served to the children in their classrooms rather than students gathering outside the kitchen in groups.
- Preparing and serving of snacks will be limited to two staff members only.
- Snacks will be served just prior to the morning recess rather than first thing in the morning.
- 5) When serving meals requiring dishes, ONLY dishes sterilized in the school dishwasher will be used (we now have bowls and plates purchased through a nutrition grant).

Thank you for being patient as we work through health and safety requirements. We are thrilled to be contributing to health and wellness of our community kids.

# The COVID Chronicle



### Answering questions for kids and Students:

Where did the new novel coronavirus come from?

We think this coronavirus usually lives in bats. At first, one person was infected from an animal, but now it is spreading from one person to another.

What kind of illness does the novel coronavirus cause?

Most healthy people who are infected with the new, or novel, coronavirus will have a mild illness like a cold or flu. They may have a fever, cough, sore muscles or a sore throat. Some people may feel short of breath.

Young people are more likely to have a mild illness.

People who are much older or who already have health problems are more likely to get sicker with novel coronavirus and may need to be in the hospital. You can help protect them from the virus by not visiting if you are sick. While you may not be able to visit, it's important to stay in touch. Call, text, video chat or mail letters and pictures. Connect often as it's easy to feel lonely when you can't see the important people in your life.



Why do I have to stay home from school?

It's to keep you safe from the virus. School is closed, but you can keep learning. It is important to keep up with your schoolwork and try and establish a routine at home. Teachers are looking at how they can teach you online, or in other ways.

How do I avoid getting sick?

Wash your hands really well and often with soap and water for at least 20 seconds. Soap and water are always best. But, if soap and water are not available, you can use hand sanitizer. If your hands are dirty, or you have touched a surface other also have touched, wash your hands. Don't touch your eyes, nose or mouth until your hands are washed. Cough or sneeze into your elbow or a tissue, then wash your hands.

Crestomere School RR #3, Lacombe AB <u>T4L 2N3</u>

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# October 2020

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	2	14	21 TAKE ME OUTSIDE DAY	28
	g	13	20	27
	5	12 Thanksgiving NO SCHOOL	19	97
	4	11	18	25